

**Some people regard work as the most important thing in life and have little interest in anything else. Other people are more enthusiastic about their hobbies and leisure interests than their job.**

**Discuss both these attitudes and give your opinion.**

People fall into two categories with respect to their views on their jobs. Some pay too much attention to their career, and others, however, hold the opposite view. These different views result in different outcomes in their success at work and health conditions. In this essay, the pros and cons of these attitudes will be discussed in detail.

Workaholics are undoubtedly more successful in their jobs. They devote much of their time at the workplace. They often work until midnight, and even spend their lunch-break at their offices, doing their tasks. Thus, they often are aware of ins and outs of their jobs and because of this, they further in their career in short term. Although this effort brings them more money in comparison comparision to their colleagues, they do not enjoy a healthy life as they do not indulge themselves in recreational activities at all. Because of this, they often suffer from emotional disease that in some cases may lead to deep depression and mental disorders which could have a dire consequences on their career.

In contrast, those who much of their life is spent on hobbies and leisure pursuits persuits enjoy a happier life. These people spend much of their time in recreational activities such as visiting their peers, watching the latest movies and working out at fitness clubs. Because of this, they are often in a good mood and they enjoy healthier life both mentally and physically. Despite of this healthy life, they do-are not promotedd in their career and earn less money as they do not put their mind in their career. Therefore, more than other people, they are faced with economical problems in their life. As a result, they cannot can-not be happy all the time.

Overall, I think on balance that neither not fully concentration on work nor indulging in leisure activities in life leads to human well-being. In other words, the answer lies in striking a putting balance between career and hobbies in life as ,in this way, one can benefit from both promotion in career and a healthy lifestyle.