

Music is played in every society and culture in the world today.

Some people think that music brings only benefits to individuals and society. Others, however, think that music can have a negative influence on both.

Discuss both these views and give your own opinion.

Music which is widely welcomed nowadays has roots in almost every culture, albeit the appearance of it can be different in any society. So the impression of music even in ancient times cannot be denied anyway. It can also represent the country's intellectual activities as well as art and humanities art.

Music which is today involved d with our daily lifestyle is an advanced d form of gradual promoting over a centuries, so the need of the human spiritual to it is undeniable and with scientific growth over recent decades more practical evidence for benefits of music is more tangible and available. A new survey by JIS university has found that people who are used to listening to music almost an hour a day can live a healthier life and individuals who have ~~has~~ this habit attribute can live longer than others.

Music these days is not only restricted to youngsters but also it can have a positive impression on elderly or senior citizens, too. Which-with such a variety of choices between all genres of music such as rock, pop, hip hop, traditional, instrumental or even metal, no one can walk away from it and just argue that the music completely doesn't just fit me. Besides s above advantages, with this mechanical lifestyle music can play a huge role in relaxing to relax and get us rid of daily routines life.

But in-on the other hand, one might argue that music can have a negative impression on all spectra of populace specifically the young generation and leads them to depression but in my perception it's totally vice versa. Although some genres of music are is a bit more offensive and more aggressive, rushing but the point is we should be permissive about this issue and ~~do~~ not claiming others' tastes as wrong, which is also a matter of concern even in our country where that one might say for example the rock or metal fans are somehow psychopaths or such attributes/characteristics adjective as the same which is ridiculous.

To sum it up, in my perception, music is an essential element of individuals' life and it can also boost your motivation and can change the way your life is going on, so I

firmly believe that music can have a good impression on humans' daily life and is highly needed.