Some people prefer to spend their lives doing the same things and avoid change. Others, however, think that change is always a good thing.

Our world and everything in it have undergone many changes and are still is changing yet. Nothing is constant in our strange universe. On In a large scale, the stars are shifting their place and on in a microscopic one, even our body is altering as its cells die dies and reproduce. In this rapidly changing world, some people prefer to alter their lives while others don't dare to change even insignificant affairs of their lifestyles. As humankind has an instinctive inclination to change his life, it/this is agreed that change is always a good thing.

In political science, people have always comprised of two main disparate groups, conservatives and liberals. The first group hardly accepts new Ideas and does not shows the slightest inclination into changing. Such people have some dogma which they can't defy. They claim such an attitude implies that they are consistent in their approach, thereby fulfilfulfilling their objectives. In addition, being consistent in all aspects of life indicates the constant and stable beliefs believes on which they are based (rely?). However, such ideology prevents them from being flexible to the changes and constraints that the environment inevitably imposes on them.

On the other hand, liberals welcome any changes to their lives and strive to shift their attitude toward their environment and all its unpredictable incidences when necessary. trying to adapt themselves to what happens to them doesn't mean that they have no distinctive aim for future or they pursue no goals in life, but rather represents that they believe in uncertainty of life. Such an attitude involves a flexible mind which formulates innovative ideas that can decide immediately and intellectually and conquers conquest any emotional and rational challenges.

In conclusion, accepting changes or not depends on the situation. Everybody for his mental health and being enthusiastic needs interval alternations in his life. Every healthy mind can accept and make changes. That's why many politicians come to compete in elections with the motto of change.